NEWSLETTER

Merit Awards

Congratulations to the following students who received awards at last Thursdays assembly:

Class Awards: Sharntae Durban, Zane de Witt, Matthew Chapman, Machiel Heyns, Ashley Gibson, Jessie Waddell, Andrew Wietecki, Ethan Bower, Phoebe Maclachlan, Wayne Read, Jake Collins, Lochie Solomon, Shikeesha Brown, Riley Beeton, Natalie Trevithick, Cody Spinks, Karleigh Vidler-Haddock, Domonic Beckhouse-Orchard, Tahrj Lindsay, Kayla Spicer, Holly White, Emma Kennedy, Breeanna Stuart, Regine Rodondo, Billy Cunningham, Johnle Aguire, Amity Dyke, Mahalia Rynne, Ashton Mutimer, Ryan Burns, Brodie Snaith, Jason Eslick, Todd Fenton, Hanna Ware, Marc Wing, Charles McCormick, Joeriz Aguirre, Brook Gavin

Principal Awards: Desiree Reid, Zach McLeod, Matilda Oliver, Jaide Tutt, Harley Tickle, Jessie Waddell, Fergus Quarty, Chelsie Hobday, Krystal Ryder, Gabby Single, Chloe Hamel, Lachlan Buxton, Justin Quirona

Sports Awards: Arlyn Reynolds, Cadence Rynne School Service Awards: Jaidia Boney, Tiarah Blair-Davis, Xylang Higgs Students who have seen Mrs Stewart with outstanding work—Mia-Rose Cooper, Brook Gavan, Naomi Wiedemann.

Captains Report: Last Wednesday Yrs 3-6 attended an anti-bullying talk with NRL development officers Zac Russell and Peter Stevens. School photo’s were taken on Monday and Tuesday. It was great to see everyone in school uniform. Year 6 had an aboriginal hip hop dance group visit on Tuesday and they will return on Friday.

Sport Report: Well done again to all swimmers who swam at the Regional Carnival and well done to those students who were selected to compete for zone in the winter trials.

HARMONY DAY

Harmony Day is 21st March. It is a day of cultural respect and celebrated widely across schools, childcare centres, businesses, churches and local government Agencies. The message is EVERYONE BELONGS. This year the theme is - MANY STORIES: ONE AUSTRALIA

In Australia and in Inverell there are people from many different countries. Inverell Public has many Indigenous students as well as students from Iran, Brazil, Philippines , South Africa, Fiji, New Zealand to name a few.

Classes will celebrate our wonderful differences by participating in art and craft, activities, music and stories from around the world. Children are asked to wear ORANGE on the day or dress up in a traditional costume or part of a costume such as a grass skirt, Chinese dress, Scottish kilt etc.

On the day the canteen will sell Mexican Nachos, Chinese Fried Rice and Spring Rolls. Let’s accept and enjoy our different cultural heritage.

YOU=ME=US

UP AND COMING

15/3 Hip Hop workshop Yr 6
15/3 Senior Boys cricket v’s Warialda in Warialda
21/3 P&C AGM
25/3 Northern Rugby League Trials
26/3 Scripture Easter Concert
26/3 Infants Fancy Dress
27/3 Infants Easter Hat Parade
27/3 Boys and Girls Football Trials
PRINCIPAL'S MESSAGE  
Promoting Resilience

Sometimes it is difficult to provide the type of experiences that promote long lasting resilience in children. It is tempting to over-organise their lives and fill every minute with some type of activity. We need to take stock of the type of experiences we provide for our children. To promote resilience we need to:

1. **Remind** our children that they can not always get what they want.
2. **Encourage** opportunities for children to solve their own problems to develop resourcefulness.
3. **Expect** that children will help at home to learn about being a contributing family member.
4. **Provide** liberal amounts of encouragement and genuine praise.
5. **Allow** children to use their free time to play, have fun and daydream. These three essentials will provide “insulation” when life becomes busy or complicated.
6. **Involve** children in family decision making so they learn that they can have a positive impact on their environment. “If you talk to your children, you can help them keep their lives together. If you talk to them skilfully, you can help them build future dreams.” Rudolf Dreikurs
7. **Identify** strengths and build on these to develop the individuals unique identity.
8. **Demonstrate** resilience so children will learn through watching the important people in their lives. **Resilience** is one of the “You Can Do It” keys. What a wonderful attribute to learn for their future as adults in our community.

Warm Regards

Robyn Stewart  
Principal

Let’s Celebrate Attendance
Hints and Tips No. 4:  
Good Attendance

There are a number of sound reasons for you to ensure that your child attends school regularly. Firstly, attending school every day makes learning easier. For younger students, missing the basic skills often leads to learning problems later on and for older student’s absenteeism often interferes with academic progress. Friendships with other students are also easier if your child attends school regularly.

The law in NSW states that all children between the ages of 6 and 17 years are required to attend school. Sickness or injury, attendance at a special religious ceremony or a serious family situation are satisfactory reasons for non-attendance. Please let the school know why your child is not at school and provide an explanation on your child’s return to school.

Birthdays, haircuts, pension days, Mondays etc are not satisfactory reasons for absence from school. Also try whenever possible to arrange your holidays in school vacation times.

Please contact your school Principal if you need any help or have any questions

INVERELL PUBLIC SCHOOL P&C  
ANNUAL GENERAL MEETING

Please join us and have your say and help in the decision making partnership with the school, so it can be the best place it can be for our kids.

**Where:** IPS Staffroom  
**When:** Thursday 21st, 2013 at 6.30pm
“On Tuesday Year 6 attended a hip hop and health session where they talked about right, respect and responsibility. Then we learnt a hip hop dance using a partner. The dancers showed us a performance of their own and it was amazing with all the stuff they could do. We are going to the town hall on Friday for another workshop.” Breeanna and Shae

SCHOOL FEES

Invoices have been posted home for 2013 School Fees. Fees are $30.00 for 1 child and $60.00 for families of two or more children. Payments can be made in instalments.

School fees go towards resources in the school. Your contributions are greatly appreciated.

**ANAPHYLAXIS– Peanuts**

It would be greatly appreciated if parents could be aware that we have students in our school who suffer severe allergic reactions to different types of foods and insects.

We understand that sometimes it is unavoidable to send food in lunch boxes that contain peanuts. Please encourage your child to wash their hands after eating and not to share their food in case there are traces of nuts etc.
YOU CAN DO IT– PERSISTANCE

Persistence means trying hard and not giving up when something feels like it’s too difficult or boring. Positive HOMs that help develop student persistence include:

Believing I Can Do It (Optimism) - thinking that you’re more likely to be successful than to fail.

Giving Effort (Internal Locus of Control for Learning) - thinking that the harder you try, the more successful you will be as well as knowing that success is not caused by external factors (luck, ease of task) but by internal factors (effort)

Working Tough (High Frustration Tolerance) - thinking that in order to be successful in the long-term, you sometimes have to do things that are not easy or fun in the present.

INVERELL PUBLIC SCHOOL P&C EASTER RAFFLE

All Inverell Public School families should have received their Easter Raffle Tickets

If you are able to sell more please see the front office for extra tickets

Tickets are only $1.00 each

All tickets sold or unsold must be returned to the school by 22nd March

THREE EASTER BASKETS TO BE WON

These are on display at the front office. Money raised will support the school through the P&C

DITTONS PHARMACY– Supporting our Future

Ditton’s Pharmacy would like to donate 5 cents per transaction to our school!

The way it will run is every purchase you make at Ditton’s Pharmacy, you will be given a token to place in the box for our school. The contribution from Ditton’s will be 5 cents per transaction.

This will commence March 11th, 2013 and conclude June 11th, 2013. The final figures will be reported in the newsletter to see what a great job we have all done!

North West Schools Sports Association

1st Prize - $1500.00
2nd Prize - $700.00
3rd Prize - $400.00

Tickets are for sale in the front office to go towards Poppy Price competing at the State Swimming Carnival in April.